



# Grace & Confidence



## From the Author

### MELISA TORRES

Happy holidays! This is my favorite time of year. I love the cold weather, the decorations, and the giving mood that we are all in. I love picking out the perfect gifts for my children, decorating with them, teaching them how to give to others, and sometimes we even get in the kitchen and make homemade goodies. To me, it is a season for creating traditions and memories.

We have fun gifts for your gymnast or gym bestie! The new book, new collections, leotards, pins, and motivational bookmarks. Check out [melisatorres.com](http://melisatorres.com) to see all your options. Be sure to read on for our two Readers of the Month and my 2024 book signing schedule. I would love to meet you in person! Happy holidays and happy reading!

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# GYM BESTIE GIFT GUIDE

For your Gym Little Sis  
Workbooks or a Coloring Book  
(best for ages 8-11)



For your Gym Big Sis  
The Optionals Series  
(best for ages 11-14)



For all ages  
Snowflake Leotard  
Sizes: child small, child  
medium, child large,  
adult x-small, and  
adult small

Last days to order at  
**[melisatorres.com](http://melisatorres.com)**

are November 27th  
for Hanukkah delivery

&

December 15th  
for Christmas Eve delivery.



# NOVEMBER READER OF THE MONTH, CHARLOTTE



Meet Charlotte! Charlotte is a Level 3 gymnast who enjoys art and swimming. She also knows how to juggle! So cool! Charlotte absolutely loves the Perfect Balance Gymnastics series and will read the books whenever she gets the chance. Her favorite character is Savannah and her favorite book from the series is Nothing Better Than Gym Friends. Thank you Charlotte for being our Reader of the Month!



# DECEMBER READER OF THE MONTH, KARI



Meet Kari! Kari is a Level 6 gymnast who also enjoys playing soccer. Kari's favorite Perfect Balance Gymnastics book is Brothers Have Talent, Too and her favorite character is Savannah. Kari says she loves the series because they're very interesting and it's fun to learn more about other gymnasts! Thank you, Kari, for being our Reader of the Month! Enjoy your holidays!



# BOOK SIGNINGS!

GREATER NEW YORK GYMNASTICS INVITATIONAL - DECEMBER 1-2, 2023  
ROCKLAND COMMUNITY COLLEGE, SUFFERN, NEW YORK

GREAT DESTINATIONS CALIFORNIA GYMNASTICS INVITATIONAL - JANUARY 19-21, 2024  
DISNEYLAND HOTEL, ANAHEIM, CALIFORNIA

RUMBLE IN THE JUNGLE - FEBRUARY 2-4, 2024  
MOUNTAIN VIEW EVENT CENTER, POCATELLO, IDAHO

QUEEN OF HEARTS INVITATIONAL - MARCH 8-10, 2024  
THE CENTER AT CANYON COUNTY FAIR, CALDWELL, IDAHO

XCEL REGION 2 CHAMPIONSHIPS - APRIL 19-21, 2024  
IDAHO CENTRAL ARENA, BOISE, IDAHO



I love  
meeting  
readers,  
come by  
and say hi!

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